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DOGGY DAY CARE 🐾 GROOMING 🐾 PET SUPPLIES

Cesar Millan Paddington Pups Interview

How many dogs do you have in your pack Cesar?

Fifteen.

Fifteen; and do you look after them yourself?

Well obviously not right now, you know you have to see what I do eventually, you have to prepare somebody you can trust before you go into the journey of teaching the world so making the world aware of how they can walk in one direction. You know in a financial world, a political world everybody is walking in their own direction. So the message is that if we all walk in one direction, meaning exercise, disciple and affection for your dogs, we won't be having aggression, fear and anxiety and all the side effects you know. We already have a bad side effect in other areas of human life; what I'm saying is we don't have

to have that with dogs. So at least we can experience balance when we are with our dogs.

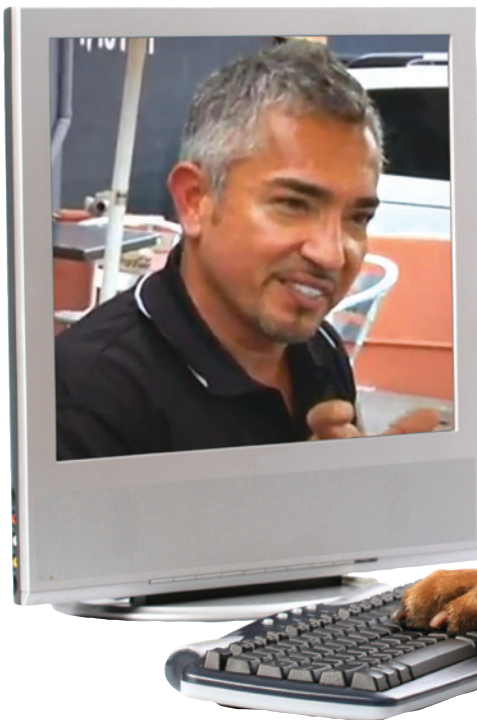
Yeah.

Australia became the first country outside the United States for me to give an international seminar.

Okay.

Is there a reason why you chose Australia?

Everything has a spiritual reason, right and the walkabout is a very spiritual thing in the aboriginal way of life and anything that is indigenous... I'm a big admirer because those people work with nature not against Mother Nature; modern society works against Mother Nature you know. So when I came here I realized the





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reason that this is why Australia was first you know, the walkabout has a huge meaning. Walkabout is your own intentions, your own emotions to self you know what I mean; and go find yourself in a way, go find, reflect.

And when I work with dogs I have my own walkabout and so it became very meaningful from a different perspective you know so I mean that's when it made sense why Australia, you know what I mean. In France you know we met on a seminar, I didn't know anything about Australia you know what I mean, why so far? Why don't we just go to Canada? Canada was like years later, you know what I mean, Canada is my neighbor you know what I mean, but we went on the other side of the world in a way you know.

What is it about you Cesar? Do you communicate with dogs?

Well communication does not only exist as you and I do it; communication exists as knowing how you feel. And animals are really good on that, they know how you feel; they don't know what you do for a living, right. Many people think communication begins by seeing the person that's how you're going to treat them but animals couldn't care less about how you look like; animals really care about how you feel like and that's the beginning of your communication. So if you're not mindfully aware and emotionally in tune its not going to be their fault that they're not going to listen to you, right; meaning if you're frustrated, if you're angry, if you're sad, if you're insecure, that's not their fault right. So knowing animals, they're not going to listen to someone who's not in harmony with themselves, you understand?

So that's communication; but that's a different way of communication that human is not connected to, right. We have become disconnected because we look at things and so we are influenced by commercials, television shows, people if we think that's a pretty person or whatever, but we're not really focused on feelings. And the animal really brings you the perspective of before you think about



relationships you have to think about feelings and that's the communication that I bring to their awareness.

So that's the difference between me trying to train a dog which is never my goal, with me it's trying to fulfill the needs of a dog; that's my goal. So if

I fulfill the need this is what I get, I get trust, I get respect and I get the love, the feeling the need. So it's not about me first, it's about my partner dog.

So what are some tips that you give to people that have to learn to communicate better with their own dog?

Well first of all we have to remove the dog have to listen to me, first of all we have to remove I need the dog to do this for me, I want to teach my dog to do this, that conversation we have to put it out of the question. Second thing is what do I need to learn in order for my dog to follow me naturally; that's what you need to do you know.

So we've got to focus on fundamentals; everybody focus on technique and outcome, right, everybody want a well trained dog and everybody ask what's the best training technique. But I say principle is more important than technique or outcome. Good principles, balanced principles, will give you balanced dogs. Anything that is unstable is going to be an unstable outcome, it doesn't matter what technique you follow; the strategy is meaningless without good principles.

So in society right now what we're seeking is balanced leaders right, honest, integrity and true love. So what they give you is a strategy to reach an outcome so we will always be in that cycle of poverty, war, anger, frustration, you see what I'm saying? The principles and fundamentals are not in place therefore nothing can be created as harmony; we don't have leaders who are honest, who are respectful, who are loyal, we don't have that.

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Can you apply your philosophy about animals and humans who are in a relationship to bigger issues like politics?

We all want a balanced world, we all want it, we want to enjoy life you know, we all want to be able to understand what it is to live in the moment you know; I don't think anybody enjoys living in the past especially when it's a sad past, I don't think anybody wants to anticipate something negative in the future so past and future, my clients live in the past or future, right, so transformation exists in the now, you see.

So the reason why I apply those principles or the concept into a bigger picture which is you know everybody will benefit with honest people is because I don't see dogs as students, I see dogs as teachers of life, right. My clients are Harvard graduates but they can't walk a Chihuahua. I have a very intelligent client but the dog knows the principles are not in place.

Yeah.

The world is run by intelligent people not common sense people; common sense will say I have to take care of the world, otherwise I'm just taking care of myself. You see we have selfish leadership versus the leader that is there for the pack. Animals, the reason why we say Mother Nature is perfect is because animals take care of each other. A pack leader is nothing without a pack and a pack is nothing without its pack leader. So in a way it becomes a unit, integration, it's not a separation of you are the people and I'm the president, no it's an integration.

Do you want to change the world?

Yes, absolutely, I want to change perceptions of the world. I would like the world, beginning with my kids, myself, is that we take responsibility of our actions. So when I say I want to be the best dog trainer in the world when I was 13 years old I declared, I'm responsible of that, I believed in myself, I believed

in that. That's really, you don't need money to make money, I jumped the border in America, lived under the freeways, I had no money whatsoever; you don't need money to make money, right. And you don't have to be super smart to run a business, or a very successful business; you can hire Harvard graduate people, you can hire them, I hire them, right.

What you need to know is you need to have a purpose in life you need to believe in and that's it and you have to learn to follow through because everybody knows how to start, not everybody knows how to follow through. Because you start and then the bad things happen but that's when you push, that's when you stay heeled and have patience about it. And when you're rehabilitating dogs it's the same thing;

everybody wants a dog, as soon as they get a dog that is misbehaving they get rid of them, you see what I mean, it's the same concept.

So thanks to dogs you know the challenge that I take upon myself which is aggressive dogs for the most part, well this dog is aggressive we got to put him

down. I say, no, no, let's just go back to basics, let me deal with the downs,

let me follow through and watch what happens. So I was trained by them so I can eventually do business in the world. And I can eventually deal with my own life you know.

So I went through a divorce, that was the lowest time in my life, so I went through the whole thing but I was still pushing forward, pushing forward, pushing forward so I follow through, so now I'm back.

What's next for you?

What's next for me, obviously to keep influencing the world; I don't think I have been all over the world, I really want to sit down with a lot of presidents and really talk about leadership you know, certain things should be mandatory like the education of us having



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dogs, not just give us rules and tell us you know you can't have a Pit Bull, you know what I mean, give us solutions, don't just tell us what we can't do you know what I mean, enhance our education.

For example in America 45 million dogs die every year. That's tax payer money; that money can be used instead of killing dogs to educate humans. So how, well you make spaying and neutering mandatory just like seat belts are mandatory to save lives. So you teach people why they have to do certain behaviours and then we adopt it. You understand what I'm saying?

Yeah.

So if I have to go after leaders for them to become in a way open-minded about a solution, yes that's what I need to do. Because you know its the country that changes the world or leadership can change the world, so before I ask the people to ask for a change I'm going to go after the leadership. You know what I'm saying?

Yeah.

Dogs are a good example of they want – balance, they can live you being poor or you being wealthy, they don't know. My clients are billionaires and my clients are poor, but the dogs don't focus on that. You give the dog money, they chew on it or they pee on it; you see what I mean? So money has no meaning, we are the only species that give meaning to paper.

So it's the big picture because with the dog it's tangible, we can see transformation when we're willing to change our behaviour, our perception, when we're willing to be there for somebody else.

So the dog in a way is teaching us that it's possible that we can actually live with each other no matter what colour or race you are. Racism still exists, that's why it makes it simple for a lot of people to say, let's ban the breed cause they already deal with humans. Humans have rights, animals don't. So we are just doing the same behaviour we're doing that we do with humans, we do it with dogs.

In Australia it's a topical issue with Pit Bull fighting...

Aggression is not the problem, it is the outcome of a problem; that's why education is so important. The seminars, the live tours, if presidents can come and take a live tour we would solve the problem. Solve the problem, let's make it mandatory; let's make sure

everybody if they're going to have a powerful breed, this is how you control power. It's not their fault. There are Pit Bulls who become therapy dogs; my own Pit Bull, my kids were raised among Pit Bulls, you can ask them. Your Dad is the dog whisperer, you were raised around very aggressive dogs, what do you think about Pit Bulls? They're great. They never had a bad experience. You see what I mean? Different perception, different outcome.

But the kids unfortunately got through a negative experience and then society receives fear and the ignorance, right, because the media in a way gets more viewers or listeners or readers

when they exploit the truth; that sells more fear because fear sells, ignorance sells. The



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world has more lack of knowledge human and fearful human than aware human, it's more unconscious human than conscious human. So you keep selling them, sell fear, right, charge, come on, they sell a shark right, then you guys have a lot of shark attacks.

A lot of people say I don't want to go to Australia and swim cause they have sharks. See that ruins tourism, it's not the shark's fault if the shark was swimming around me, you see what I mean. It's the same concept, there is no knowledge behind instinct, it's all reaction, you can't blame animal, human have to take responsibility, you know what I mean. Yeah we have to take responsibility not the Pit Bull, not the Rottweiler.

In the 70's they were doing it to the Doberman; that was the breed the people were afraid of. So it's not popular anymore; now who's popular, Pit Bull. Wait 2, 3, 5 years and we don't come with a solution, there's going to be another breed. You see what I'm saying? So we're just passing the buck here, like a hot potato.

I have a solution, done deal, it's done, its tangible, right. In Germany it's mandatory that you become educated before you get a dog, its mandatory that you spay or neuter your dog. So what do the gentlemen do, they go outside Germany to rescue dogs because they don't have dogs in their country to rescue. So they don't have to go to euthanazation. So it's already a proven system that works.

Now if you're going to breed dogs I understand that it's right, especially in America, I have the right to keep my dog with testicles. But you don't have the right to breed dogs that you don't know their genes because then we end up with that dog, you see what I mean.

You can breed balance, you can breed, that's how they created the Labradors, that's how they created the Golden Retrievers, you know what I mean, they created a certain state of mind, they bred it but now that its over bred so they don't even know what they have; dysplasia, heart problems. We can totally eliminate that if we have good ethics.

So if you're going to breed in Germany you need a license; even if you breed a hamster you need a license. You see what I mean? So it's regulated. So humans, you can't regulate humans breeding each other with somebody else right, but you can certainly do it with Mother Nature; it's tangible, it can happen, that's how we created the breed, we like something about this breed, then we breed it and we've got a Border Collie. The wolf, then the Border Collie, it was a long time before that. You understand what I'm saying?

So we're really smart and at the same time really dumb. Cause the Border Collie is like a Ferrari, it's an amazing breed. But you have Border Collies that bite people; I see them all the time in America, "Oh my dogs is chasing kids."

Alright, so do you take your dog for a walk once a week? Okay, do you take your Border Collie for sheep herding activity? No? What about Frisbee? No? What about fly ball? Can you redirect that energy somewhere else?

So poor Border Collie, he wasn't bred to give you headaches, he was bred to help you on the farm. It's our responsibility.

Thank you.

